

Year 6 Food Ingredients Lists

We understand that your child may not like all ingredients listed. However, please do not change them too much as these recipes have been carefully planned to ensure we are practicing key skills (eg. chopping, grating, grill or oven use). If you need to discuss this further, please do not hesitate to contact me. Mrs K Pugh

<p>1. Pizza Toast – Thursday 18th September 2025</p> <ul style="list-style-type: none">• 1 ciabatta or a bagel or a chunk of baguette• 2 tablespoon of tomato puree• Half a pepper• 1 spring onion• 30g hard cheese (grated) <p>Tin foil to wrap it in! APRON/ OLD T-Shirt!</p>	<p>2. Jacket Potato – Thursday 2nd October 2025</p> <ul style="list-style-type: none">• Mrs Pugh will provide the potato for this lesson• 1 tablespoon butter• 50g Cheddar cheese• Fillings of your choice (ham, sweetcorn, peppers) <i>Avoid baked beans as these are too wet.</i> <p>Tin foil to wrap it in! APRON/ OLD T-Shirt!</p>	<p>3. Omelette – Thursday 16th October 2025</p> <ul style="list-style-type: none">• 2 slices of ham• 1 spring onion• 2 eggs• 50g cheese• Herbs of your choice if you want to add them <p>Lunch box or tub to transport home! APRON/ OLD T-Shirt!</p>
<p>4. Mexican Bean Burger - Thursday 6th November 2025</p> <ul style="list-style-type: none">• 400g canned kidney beans (rinsed and drained)• 100g breadcrumbs• 1 egg• 100g fresh salsa• Small bunch of coriander (optional)• 1 tsp mild chilli powder or paprika (optional) <p>Tin foil to wrap them in Lunch box or tub to transport home! APRON/ OLD T-Shirt!</p>	<p>5. Layered Dessert – Thursday 20th November 2025</p> <p>You will plan this in lessons. Make sure you write down the ingredients you need so your parents can buy these.</p> <p>You will need a container to make this in, preferably one that is transparent and has a lid on.</p> <p>APRON/ OLD T-Shirt!</p>	<p>6. Cheese biscuits – Thursday 4th December 2025</p> <ul style="list-style-type: none">• 100g plain white flour• ½ x 5ml spoon of mustard powder (optional)• 50g butter or margarine• 50g Cheddar cheese <p>Lunch box or tub to transport home! APRON/ OLD T-Shirt!</p>