



Year 8 Residential

Budden's 4-6th June 2025

Greg West
Head of Year 8

AIMS



The aim of the residential trip is to give the children a boost in self-confidence, ready for the transition to their next school.

They will be given the opportunity to try a number of new experiences, both physical and more thoughtful.

We hope that, by the end of the stay, all the children will be proud of themselves and what they have accomplished.

WHERE?



Buddens Activity Centre,
Puddletown Road,
Wareham,
Dorset,
BH20 7NU



WHO?



Buddens Activity Centre is part of Rockley, who have been running outdoor courses run by experienced and qualified staff for decades.



NEXT COLLEGE OPEN EVENT - 7TH MAY

☀️ CLEAR & 24°C



QUALIFICATIONS?



Alongside additional nationally recognised qualifications, Buddens Activity Centre is a quality badge holder for Learning in the Outdoors (LotC).

The LotC badge is awarded to outdoor education centres by the Council for Learning outside the classroom, showing recognition that the educational activity centre provides quality learning and risk management.



WHO?



Lockyer's Staff will be assigned to a group of children:

Mr G West - Lead

Miss A Dufek - Headteacher

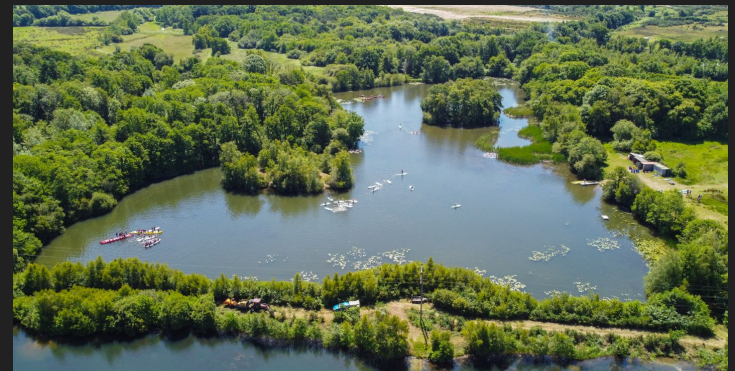
Mrs K Whittaker - Senior Leader

Mr J Dyer - Year 7 Teacher

Mr N Joyce - PE Lead (first aid trained)

Mr N Bishopp - Science Technician

Mrs S Capper - Teaching Assistant



ACTIVITIES



The activity programme has been designed to develop the children's resilience, resourcefulness and collaboration.



Watch this short video

ITINERARY



The activities are all carried out onsite and under supervision of trained instructors from Buddens Activity Centre:

Wed	11:00 - 12:00	Arrival Talk/ Site Orientation
Wed	13:30 - 15:00	Kayaking 1
Wed	15:15 - 16:45	Mega SUP 1
Wed	19:00 - 20:00	Wide Games 1

Thu	09:15 - 10:45	Tower - Jacob's Ladder
Thu	11:00 - 12:30	Nightline 1
Thu	13:30 - 15:00	Stand Up Paddle boarding 1
Thu	15:15 - 16:45	Tower - Climbing (1)

Fri	09:15 - 10:45	Team Building
Fri	11:00 - 12:30	Archery 1

Children will be complete all the activities in groups, together with a member of LMS staff and a Rockley Instructor

Example Programme

ACCOMODATION



- Children and staff will be camping during our stay.
- There will be other school groups onsite but we will have our own area for rest and play during 'downtime'
- Children's tents will sleep 8 on camp beds.
- Modern toilet/shower facilities are 50m from the campsite. There are separate facilities for males & females.
- A member of the centre's staff will be lodging in the main house throughout the night and can be contacted by phone in emergency 24/7



DEPARTURE



Arrive at school at the normal time.

Bring luggage and medicine (**including medical form**) to staff on Year 8 playground or in main hall.

We will leave LMS to arrive at Budden's for 11am.

Prior to departure we will discuss:

- Groupings for the week
- Layout of the centre
- Health and safety information

FOOD



	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	N/A	Sausage, Egg, Baked Beans, Veggie Sausages	Pain Au Chocolat, Hot Chocolate	Hash Browns, Omlette, Baked Beans, Veggie Sausages	Croissant, Hot Chocolate, Muffins
	Selection of Cereals, Freshly Baked Breads, Preserves & Marmite, Porridge, Yoghurts, Juices, Whole Fruit, Cut Melon, Sliced Ham, Cheese and Salami, Tea & Coffee Station and Toast.				
Grab & Go Pack Lunch	Homemade Rolls, Fruit, Crisps, Sweet Treats, Salad Bar, Sausage Rolls, Pasties, Vegan Options			Posh Dog, Homemade Rolls, Fruit, Crisps, Sweet Treats, Salad Bar, Sausage Rolls, Pasties, Vegan Options	Homemade Rolls, Fruit, Crisps, Sweet Treats, Salad Bar, Sausage Rolls, Pasties, Vegan Options
Dinner	Pasta Bolognese / Quorn Pasta Bolognese, Garlic Bread, Fresh Steamed Broccoli	Mediterranean Rice With Chicken, Chorizo and Vegetables	Roast Chicken Leg, Roast Potatoes, Veg, Yorkies & Gravy	Jacket Potato Bar, Tuna Mayo, Cowboy Hotpot, Sausage Casserole	N/A
	Fresh Salad Bar	Mediterranean Rice With Quorn and Vegetables	Baked Vegetable Hotpot, Potatoes, Veg, Yorkies & Gravy	Hot bean & Squash Lentil Casserole, Vegan Cheese	N/A
	Jam Filled Doughnuts & Fruit Salad	Fresh Salad Bar	Fresh Salad Bar	Fresh Salad Bar & Pasta Salad	N/A
		Chocolate Eclairs & Fruit Salad	Gateaux & Fruit Salad	Choc Ice & Fruit Salad	N/A

Sample Menu

WHAT TO BRING?



Please make sure you collected a kit list when you arrived this evening.

Unusual requests include:

- Bin bags for wet clothes
- Tupperware and cutlery
- Clothes hanger
- Pillow and duvet/sleeping bag
- No more that £5.00 for the onsite 'tuck shop' which sells snacks and drinks

KIT LIST

DON'T FORGET TO LABEL ALL YOUR ITEMS!



ESSENTIALS

- Waterproof sunblock SPF50
- Reusable drinks bottle
- Sleeping bag
- Pillow & pillowcase
- Wash kit - soap, shampoo, toothbrush & toothpaste, roll on deodorant (**no aerosols**)
- Towels - 1 x washing & 1 x beachtowel
- Bin liner/plastic bag for wet/dirty clothing & shoes



STAYING AT BUDDENS - ALSO BRING:

- Eating utensils & equipment - cutlery, non-breakable cup/mug, plate & bowl
- Tea towel
- Torch/head torch
- Clothes hangers (x3)
- Tupperware/food container



WET STUFF

- Swimming costume / trunks / board shorts
- Rash vest - advisable
- Wetsuit - optional depending on the weather
- Wetsuit shoes **OR** an old pair of trainers

RASH VESTS DRY QUICKER THAN OTHER MATERIALS & ARE FLEXIBLE!



DECATHLON

We have teamed up with Decathlon to provide you with a variety of clothing and watersports wear at a discounted price. Check out the **WEBSITE HERE** for our recommendations. Their items are both affordable and good quality.

CLOTHING

- Jumpers & sweatshirts
- Tops - longsleeved & t-shirts (shoulders need to be covered)
- Tracksuit trousers & Jogging bottoms
- Shorts
- Warm pyjamas / nightwear / bed socks!
- Underwear - lots of - especially socks!
- Waterproof bottoms
- Jackets - warm coat
- light weight rainproof jacket
- Hat - sun hat or woolly hat (depending on weather)
- Gloves if it's chilly!



NO JEAN MATERIAL - IT DOESN'T DRY EASILY!

FOOTWEAR

- Trainers - 1 pair for land activities
- 1 pair for water activities (if you don't have wetsuit shoes)
- 1 dry pair for the evening
- Wellies (weather dependent - Buddens)



OTHER

- Label **ALL** medication
- Maximum of £10 advised for the tuck shop/cafe

DO NOT BRING

Valuables
Mobile phones
Expensive clothing

We are unplugged so no opportunity for charging!

WHAT TO BRING?



Be prepared for all weathers:

- Sunglasses
- Baseball cap
- Sun cream
- Lightweight waterproof jacket



MEDICAL INFORMATION



You must **sign the medical form** which will allow us to contact a doctor and administer any necessary medication.

In the event of any emergency you will be contacted.

All medication should be **handed in to a member of staff** on the morning of the trip.

You should have collected a medical form as you arrived this evening

MEDICAL INFORMATION



All medication should be in a **clear plastic bag labelled with your child's name and the daily dosage/times together** with a completed '*Administering Medicines*' form.

No medication can be administered without written parental consent – this includes giving paracetamol

- Travel sickness tablets should be taken **before leaving school** and any others considered necessary should be handed in to child's group leader.

ADMINISTERING MEDICATION



- All medicines will be administered by a designated member of staff in a central location at the times specified on the medicine instructions
- Times and dosages will be logged on a form, in the presence of another adult
- Asthma inhalers will be stay with the staff member accompanying that pupil's group
- ALL MEDICINES MUST BE ACCOMPANIED BY THE MEDICAL FORM WHEN YOU ARRIVE ON DEPARTURE DAY

WHAT NOT TO BRING?



Any form of medication that the group leader has not been made aware of

All medicines will be handed to an adult on arrival at school on the first morning of the trip in a named envelope with prescribed instructions on the 'Administering Medicines' form.

Mobile phones, games consoles or digital cameras

Aerosols

Hair straighteners, false eyelashes, crop tops, hot pants

Clothing with inappropriate logos or design

Sweets - they can buy some from the tuck shop!



CONTACT & SAFETY INFO



- You **must** sign the consent form with your contact details.
- Group leaders will be carrying your child's emergency contact details at all times. The school mobile phone will be available 24 hours a day.
- The phone numbers you provide will be our first point of contact.
- At the same time the school office will be contacted.
- Obviously the Emergency Services would be the first point of contact, if necessary.

CONTACT & SAFETY INFO



Should you need to contact your child or the trip leader:

- During school hours (8:45 am – 4:00 pm), phone Lockyer's school.
- Outside of these hours: leave a message Budden's Activity Centre (they have staff on-site 24/7).
- **Please only telephone in an emergency.**



 **RUN**
 **HIDE**
 **TELL**

IN THE RARE EVENT OF a firearms or weapons attack

RUN - to a place of safety. This is a better option than to surrender or negotiate. If there's nowhere to go, then...

HIDE - Remember to turn your phone to silent and turn off vibrate. Barricade yourself in if you can.

TELL - the police by calling 999 when it is safe to do so.

www.npcc.police.uk/staysafe

RETURN TO SCHOOL



We will be back at school during the school day and children - and their luggage - will be available to be collected at 3:15pm from the main car park.

If for any reason we are delayed, the school will contact you at the earliest opportunity.

ANY QUESTIONS?



If you have not already done so, make sure you have collected:

- a kit list
- a medical form
- a tent request form
- Student behaviour charter

PLEASE RETURN MEDICAL FORM, TENT REQUEST AND BEHAVIOUR CHARTER TO MR WEST BY 3:15PM **THIS FRIDAY**

<https://rockley.org/centres/buddens-activity-centre>