

Year 5 Ingredients for Food Technology

Your child is cooking this term. Here is a list of all the ingredients they will need and the dates they will need them on. Please remember to bring an apron/old t-shirt for each practical session and an appropriate tub/container to transport the food home. Thank you.

<p>Chopping Skills -Thursday 14th September</p> <ul style="list-style-type: none">· 1 kiwi fruit· 1 tomato· 10cm chunk of cucumber <p>A named tub Apron/Old T-Shirt</p>	<p>Fruit Plate - Thursday 28th September</p> <ul style="list-style-type: none">· Choice of fruits to match your design <i>(children will record their chosen fruits for their design in their reading records).</i> <p>A plastic plate (clingfilm will be provided) Apron/Old T-Shirt</p>	<p>Smoothies - Thursday 12th October</p> <ul style="list-style-type: none">· 2 portions of the fruit of your choice · 1 banana· 150g pot of natural yoghurt· 150ml (¼ pint) of apple or orange juice <p>A named leak-proof container Apron/Old T-Shirt</p>
<p>Baked Beans on Toast - Thursday 2nd November</p> <ul style="list-style-type: none">· 1 slice of bread· 1 teaspoon of butter· 1 small tin of beans <p>We will eat this in the lesson Apron/Old T-Shirt</p>	<p>Sandwich Wrap - Thursday 16th November</p> <ul style="list-style-type: none">· One large tortilla· A handful of lettuce· Half a tomato/half of a carrot· 25g of cheese· A piece of foil to wrap it in.	<p>Tinned Fruit Crumble -Thursday 30th November</p> <ul style="list-style-type: none">· 1 or 2 large tins of fruit· 1 teaspoon of spice (optional)· 100g plain flour· 50g sugar· 50g margarine· 2 tablespoons of oats <p>An ovenproof dish to cook it in, a sheet of foil to cover and a strong bag to transport it home. Apron/Old T-Shirt</p>